



City of Dallas

City of Dallas Park and Recreation Department

Youth Soccer Rules

Age Determined as of

Soccer (Boys and Girls)

Sept. 1 of Current School Year

Rules and Regulations

4-6 Year Old Division

- Play two **15**-minute halves
- 5 minute half time
- No Penalty kicks will be awarded
- Player will have opportunity to correct throw ins
- Ball size: Youth #3
- Will play 5 vs. 5, one will be a goal keeper
- Offside will not be awarded
- Unlimited substitutions allowed at player injury, referee's discretion and between halves
- Standings will **NOT** be kept
- 10 players minimum per roster
- One referee per match
- Field Size (Width x Length): Minimum 20yds. x 25yds. / Maximum 30yds. x 35yds.
- Goal Size (Height X Length): 4' x 6'

7-8 Year Old Division

- Play two **20**-minute halves
- 5 minute half time
- Ball size: Youth #3
- Will play 7 vs. 7, one will be a goalkeeper
- Offside will not be awarded
- No penalty kicks will be awarded
- Ball will change possession due to a throw in violation
- Unlimited substitutions allowed at player injury, referee's discretion and between halves
- 10 players minimum per roster
- One referee per match
- Standings will be kept
- Field Size (Width x Length): Minimum 35yds. x 45yds. / Maximum 45yds. x 60yds.
- Goal Size (Height X Length): 6' x 18'

9-10 Year Old Division

- Play two **20**-minute halves
- 5 minute half time
- Overtime only in playoffs, Two 10 minute halves
- Offside will be kept, Penalty kicks will be awarded
- Will play 11 vs. 11, one will be a goalkeeper
- Unlimited substitutions allowed at player injury, referee's discretion and between halves

- Ball size: Youth #4
- 15 players minimum per roster
- Standings and placements will be kept
- Field Size (Width x Length): Minimum 45yds. x 70yds. / Maximum 55yds. x 80yds.
- Goal Size (Height x Length): 6' x 18'

11-12 Year Old Division

- Play two 25-minute halves
- 5 minute half time
- Overtime only in playoffs, Two 10 minute halves
- Offside will be kept, Penalty kicks will be awarded
- Ball size: Youth #5
- 15 players minimum per roster
- Will play 11vs 11, one will be goal keeper
- Unlimited substitutions allowed at player injury, referee's discretion and between halves
- Two referee's per game
- Field Size (Width x Length): Minimum 50yds. x 100 yds. / Maximum 100 yds. x 130 yds.
- Goal Size (Height x Length): 8' x 24'

General

Time Limits

- Clock stoppage is at the discretion of the official. Play will resume until an official believes an attack has stopped or play has slowed down. There is no stoppage time.
- Half time: 5 Minutes
- Uniforms and Equipment
- Uniform regulations and exceptions are as follows:
- The uniforms must consist of a numbered jersey, shorts, socks, shoes, and regulation shin guards.
- Players are required to remove all jewelry prior to the start of the game.
- Goalkeepers may wear goalkeeper gloves, goalkeeper hats and sweats at any time. Knee pads, elbow pads, and sweat bands are permissible.
- Goalkeepers must wear colors which distinguish them from players of both teams.
- Sweat or warm-up suits may be worn in cold weather provided the player's jersey is worn on the outside.
- No player may play in any type of cast unless approved by the referee.

Rosters and Playing Requirements

Minimum Playing Time:

- Each registered player is required to play in game.
- Roster: Minimum 10 players/ Maximum 15 players (4-6/ 7-8 Division); Minimum 15 players/ Maximum 20 players (9-10/ 11-12 Division)
- Identification: Must be prepared at all times to provide proof of age when requested by league commissioners. (Birth Certificate) A player failing to provide appropriate proof of age or identification may be declared ineligible and the team subject to disqualification

All game rules and regulations will be followed in accordance with the Official FIFA Rule Book with the exception of the rules modified by the City of Dallas Park and Recreation Department.