

HAPPY NEW YEAR



# UP & COMING

JANUARY 2026

AT PARK AND RECREATION

## A New Year Brings New Experiences

Explore Dallas Park and Recreation's programs and activities and discover fun, fitness, and learning adventures – all year long. When making those fitness resolutions, don't forget your [Dallas Park and Recreation Fitness Pass](#). It's good at 39 City of Dallas fitness centers that feature state-of-the-art equipment you'll need to achieve your wellness goals. Passes available for purchase at [Dallas recreation centers](#).

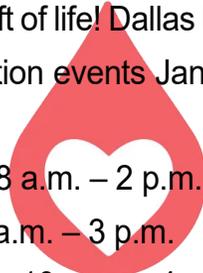
## Be A Lifesaver

Roll up your sleeve and give the gift of life! Dallas Park and Recreation hosts blood donation events January 9 at these recreation centers:

**Ridgewood Recreation Center:** 8 a.m. – 2 p.m.

**Bachman Recreation Center:** 9 a.m. – 3 p.m.

**Kidd Springs Recreation Center:** 10 a.m. – 4 p.m.



**WELLMED**  
CHARITABLE FOUNDATION

## A Gift That Keeps Giving for Dallas Seniors

Thousands of Dallas residents ages 60 and older are enjoying free access to wellness activities at Dallas' 41 recreation centers and the WellMed Senior Activity Center. For the seventh year, the WellMed Charitable Foundation has donated \$150,000 to the department's Senior Program Division. Their gift waives the annual recreation participation fees for seniors. The foundation's total investment in programs serving Dallas' treasured residents now exceeds \$1 million.

## Holiday Closures

Dallas Park and Recreation administrative offices, maintenance facilities, and recreation centers will be closed January 1, 2026 and reopen January 2. In addition, we are closed January 19, 2026 in observance of Martin Luther King Jr. Day. We'll reopen January 20.

## Don't Strike Out! Spring Softball Leagues Coming Soon!

Get ready for men's and coed spring softball leagues! Registration is \$350 per team. Leagues begin in March, and teams can register in person at Kiest Park Softball Complex, a [Dallas recreation center](#), or [online here](#). Visit Kiest Park Softball Complex at 3080 S. Hampton, Dallas 75224.



## Warm Up Your Winter with Youth Sports!

Registration for coed [basketball](#) for ages 6 to 14 and indoor soccer for ages 4 to 12 is underway at [Dallas recreation centers](#). Cost is \$50 per athlete and includes a uniform jersey. Register by January 15 to avoid late fees! Questions? Call the Youth Sports Division at (214) 671-1665 or email [PKRathletics@dallas.gov](mailto:PKRathletics@dallas.gov).



## Protecting Dallas Trees from Invasive Pests

Keeping Dallas parks green involves ongoing tree care and long-term forest management. This winter, park forestry and conservation teams are removing ash trees affected by the emerald ash borer. The invasive beetle causes healthy trees to decline and die quickly. Removing ash trees in parks and on trails slows the spread of infestation to protect Dallas' tree canopies and urban forests. [See how Dallas is combating the emerald ash borer.](#)



*Emerald Ash Borer*



## THINGS TO DO

### Experience Mountain Biking

Experience mountain biking at the Dallas County Nature Preserve on January 10! Meet at 10 a.m. at 1501 Bowers Road in Seagoville, Texas. Certified instructors will show you basic mountain biking skills before guiding you on a scenic trail ride ideal for beginners and intermediate riders. The cost is \$75 per person. [Register online here.](#)



### Get Your Gear

Head to [Kidd Springs Park](#) January 18 for freshwater trout fishing! Texas Parks and Wildlife Department (TPWD) Inland Fisheries is stocking the pond with 1,500 rainbow trout. Anglers 17 and older must have a valid license with freshwater fishing endorsements!



### Volunteer

Volunteer with [For the Love of the Lake](#) to protect the shoreline at White Rock Lake. Join the Second Saturday Shoreline Cleanup on January 10. Get details at (214) 660-1100 or [info@whiterocklake.org](mailto:info@whiterocklake.org).

### Attend a Dallas Park and Recreation Board meeting

The Dallas Park and Recreation Board meets January 15 and January 22. If you want to address the board, [register](#) online starting the Friday prior to the scheduled meeting until 12 p.m. on the Wednesday before the meeting. [Get future meeting dates](#) and [watch meetings on Dallas Channel 96](#). [Click here](#) to see who represents your neighborhood on the Dallas Park and Recreation Board.